



# 1 YEAR OLD

## READ!

- Read books with your child in your native language every day. A few pages at a time is plenty!
- Your child will enjoy reading cloth books, board books, ABC books, touch and feel books and picture books.

## TALK!

- Sing songs to your child throughout the day and on-the-go.
- Respond to your child's use of gestures or sounds. Repeat what your child does or says.

## PLAY!

- Engage your child with finger plays, nursery rhymes and lap games.
- Provide a variety of materials and textures for your child to explore: fabric, water, soft things, sand, natural items.



**READ!**  
**TALK!**  
**PLAY!**

[www.wakeupandread.org](http://www.wakeupandread.org)